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State News Desk: 916-845-8434  
FEMA News Desk: 916-837-8270

## News Release

### Crisis Counseling Available to California Residents Affected by Recent Storms and Flooding

**SACRAMENTO, Calif.** – Crisis-counseling services are available to Californians affected by the severe storms and flooding that took place in February and March in **Kern, Madera, Mariposa, Mendocino, Mono, Monterey, San Benito, San Bernardino, Santa Cruz, Tulare** and **Tuolumne** counties.

Survivors can call **800-985-5990**, a disaster helpline sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). The helpline is free and immediately connects callers to trained and caring professionals from the nearest crisis counseling center in a nationwide network of centers.

Helpline staff members provide confidential counseling, referrals and other needed support services. Spanish-speakers can press “2” for bilingual support. Callers can also connect with counselors in more than 100 other languages via third-party interpretation services by indicating their preferred language to the responding counselor. A videophone option with direct crisis counseling and support for deaf or hard-of-hearing American Sign Language users is also available.

FEMA also provides funding to Cal Hope, which offers crisis counseling services to residents after a federal declaration. For more information and referral services call **833-317-4673** or go to [www.calhope.org](http://www.calhope.org). Cal Hope is part of the California Mental Health Services Authority through a partnership with the California Department of Health Care Services and local mental health providers and partners.

For the latest information on California’s recovery from the severe winter storms, flooding, landslides and mudslides, visit [FEMA.gov/disaster/4699](http://FEMA.gov/disaster/4699). You may also follow [twitter.com/Cal\\_OES](https://twitter.com/Cal_OES), [facebook.com/CaliforniaOES](https://facebook.com/CaliforniaOES), [@FEMARegion9/Twitter](https://twitter.com/FEMARegion9) and [Facebook.com/FEMA](https://Facebook.com/FEMA).

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*FEMA’s mission is helping people before, during, and after disasters.*

All FEMA disaster assistance will be provided without discrimination on the grounds of race, color, sex (including sexual harassment), sexual orientation, religion, national origin, age, disability, limited English proficiency or economic status. If you believe your civil rights are being violated, call the Civil Rights Resource line at 833-285-7448.

Recently, U.S. SBA Administrator Isabella Casillas Guzman [announced a policy change](#) **granting 12 months of no payments and 0% interest**. This pertains to all disaster loans approved in response to disasters declared on or after September 21, 2022, through September 30, 2023. This policy change will benefit disaster survivors and help them to decrease the overall cost of recovery by reducing the amount of accrued interest they must repay.

The U.S. Small Business Administration is the federal government's primary source of funds for the long-term rebuilding of disaster-damaged private property. SBA helps businesses of all sizes, private, nonprofit organizations, homeowners and renters, fund repairs or rebuilding efforts, and cover the cost of replacing lost or disaster-damaged personal property. These disaster loans cover losses not fully compensated by insurance or other recoveries and do not duplicate benefits of other agencies or organizations. Applicants may apply online, receive additional disaster assistance information and download applications at <https://disasterloanassistance.sba.gov/>. Applicants may also call SBA's Customer Service Center at 800-659-2955 or email [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov) for more information on SBA disaster assistance. For people who are deaf, hard of hearing, or have a speech disability, please dial 711 to access telecommunications relay services.