

2024 WHITMORE POOL OPERATING PLAN

INFORMATION

The Whitmore Pool is an outdoor facility located on Benton Crossing Road, nine miles south of Mammoth Lakes off US HWY 395. This six-lane, outdoor 25-meter pool also includes a children's wading pool, hot showers, changing rooms, shade and picnic area, concessions, and complimentary Wi-Fi. Whitmore Pool offers adult lap swimming, adult stroke improvement sessions, adult and children's swim school, Public Recreation Swim, specialty youth camps, and training opportunities for the Mammoth Lakes Swim Team and the High Sierra Tri Club, as well as several visiting camps and sporting groups. The Town of Mammoth Lakes is committed to providing the most enjoyable outdoor aquatics experience possible.

LOCATION

The Whitmore Pool is located at 904 Benton Crossing Road adjacent to the Whitmore Recreation Area.

DATES OF OPERATION

Scheduled Closing:

Scheduled Opening: Monday, May 6, 2024 (AM & PM Lap Swim)

Monday, May 6, 2024 (Mammoth Lakes Swim Team training)

Saturday, June 15, 2024 (Public Swim) Sunday, August 25, 2024 (Public Swim)

Friday, August 30, 2024 (AM & PM Lap Swim)

Closed: Thursday July 4, 2024 – Independence Day

August 21, 2024 (*Public Swim Only*) – TOML Summer BBQ *Dates are weather dependent and subject to change.*

HOURS OF OPERATION

Public Recreation Swim Mon-Fri: 12:00-3:30pm | Sat: 10:00am-6:00pm | Sun: 12:00-6:00pm

(June 15 – August 25, 2023)

Lap Swim Mon-Fri: 6:30-8:30am | Mon / Wed / Fri: 5:30-7:30pm

(May 22 – August 30, 2023)

STAFF

Recreation Manager: Kat Kelly
Recreation Supervisor Mark Bell
Aquatic Site Coordinator: Bryan Bartilucci

Aquatic Assistant Site Coordinator: VACANT

CONTACT DETAILS

Summer Phone: (760) 965-3692 Year-round Phone: (760) 965-3690

Website: <u>www.WhitmorePool.com</u>



SUMMER RATES

	Daily	5 Swim Pass	Season Membership	Group Rate for 10 or more
Adults 18+	\$6	\$24	\$135	\$4 each
Family 2 Adults + 2Kids	N/A	N/A	\$360	N/A
Senior 65+ Military/College w/ID	\$5	\$20	\$112	\$4 each
Youth 3-17	\$4	\$16	\$90	N/A
Mono/Inyo School Student w/ID	\$3	\$12	\$45	N/A
Infant 2 and under	FREE with adult purchase	FREE with adult purchase	FREE with adult purchase	FREE with adult purchase

The Whitmore Pool accepts cash, Visa, MasterCard, American Express, Discover and personal checks accepted (with valid Driver's License).

Facility Rental

The Whitmore Pool can be reserved for the exclusive use of a group, party, or special event for \$160 per hour (regular rate)/\$128 per hour (non-profit rate). Rental is by reservation only, subject to availability and includes two lifeguards. Reservations can be made by calling (760) 965-3690.

Group/Party Area Rental

The Whitmore Pool can also be reserved for the use of a group, party, or special event during Public Recreation swim times for \$25 per hour (regular rate)/\$20 per hour (non-profit rate). Rental is by reservation only, subject to availability and includes a private grass area, a shade structure with table and chairs and admission for up to 20 people. Additional guests will be charged at group rates. Reservations can be made by calling (760) 965-3690.

Showers

Showers are available at the Whitmore Pool during Lap Swim and Public Swim sessions, at a cost of \$3.00 per person.

SPECIAL PROMOTIONS

Whitmore 50 Challenge

The Whitmore 50 Challenge is a self-directed program intended to encourage swimmers to regularly exercise and track their miles swam. Participants enter swimming distances on a daily sign-out sheet that is managed and updated by staff. Total distances will be updated weekly, and participants recognized when they achieve 10 miles, 25 miles and 50 miles, or more.



FREE Swim Sundays

FREE Swim Sundays encourage the community to visit and experience the Whitmore Pool over the course of the season with their family. FREE admission is offered each Sunday in July, and on Public Swim Opening and Closing Days (June 15 & August 25).

2024 IMPORTANT EVENTS

- ❖ Lap Swim and Whitmore 50 Challenge begins May 6
- Mammoth Lakes Swim Team training begins May 6
- ❖ Whitmore Pool Public Recreation Swim Opening Day and FREE Swim Day June 15
- ❖ FREE Swim Sundays July 7, 14, 21, 28
- Whitmore Pool Public Recreation Swim Closing Day and FREE Swim Day August 25
- ❖ Lap Swim finishes August 30

LESSONS, SWIM TRAINING AND COMPETITION

WHITMORE SWIM SCHOOL

Whitmore Pool's aquatics classes are based on the guidelines of the American Red Cross "Learn-to-Swim Program". Designed for all levels and ages, classes allow participants to develop safe habits in, on and around the water, become comfortable in the water, learn and refine swim strokes and techniques, and become stronger, safer swimmers. In addition, Whitmore Swim School has created a smaller, more custom program with lower student/teacher ratios for younger age groups, allowing for optimum teaching time.

GROUP LESSONS:

Pool staff will help place you or your child in the appropriate class.

4-Week Lessons (Monday/Wednesday, Tuesday/Thursday)

Class: 30 min/day for 8 days

Monday/Wednesday

Times: 4:00pm – 4:30pm Parent/Child, Tiny Tots, & Level 1

4:45pm – 5:15pm Levels 2, 3, & 4

Tuesday/Thursday

Times: 10:00am – 10:30am Levels 3 & 4 10:45am – 11:15am Levels 1 & 2

11:30am – 12:00pm Parent/Child & Tiny Tots

Wednesday/Friday

Times: 10:00am – 10:30am Levels 1 & 2

10:45am – 11:15am Parent/Child & Tiny Tots 11:30am – 12:00pm Parent/Child & Tiny Tots Cost: \$70



2-Week Lessons (Tuesday-Friday, July 23 – August 2)

Class: 30 min/day for 8 days

Times: 10:00am – 10:30am Levels 3 & 4 10:45am – 11:15am Levels 1 & 2

11:30am – 12:00pm Parent/Child & Tiny Tots

Weekly Youth Lessons (Saturday AM, June 8 – August 3)

Class: 30 min/week for 8 weeks (No classes July 6)

Saturday

Times: 10:00am – 10:30am Levels 3 & 4

10:45am – 11:15am Levels 1 & 2

11:30am – 12:00pm Parent/Child & Tiny Tots

Register online at <u>www.MammothParksAndRec.com</u>

Parent/Child: (6 months-2 years) - max 5 participants per session

This class is designed to introduce babies and young children to the water in an environment that encourages social interaction and fun. The instructor helps the parent by giving instructions and assisting the parent working with the child. This is <u>not</u> a "water proofing" class. The following skills will be introduced: water entry, blowing bubbles, prone glide, kicking, arm movement, and water exits.

Tiny Tots (3-4 yrs.) - max 3 participants per session

This is an important class for allowing the child to become more comfortable in the water and with their instructor. This class introduces basic water skills such as kicking, blowing bubbles, front and back floats, and submersion.

Level 1: Beginner-Introduction to Water Skills - max 3 participants

In this class the following skills will be taught and must be achieved before passing the class: front float and recovery, back glide and recovery, survival (back) float, beginner stroke, jumping in and leveling off, rolling from front to back and back to front, and personal safety skills.

Level 2: Advanced Beginner Fundamental Aquatic Skills - max 5 participants

The following skills will be taught and must be achieved before passing the class: bobbing, independent survival float (front and back), independently rolling from front to back and back to front, front crawl, backstroke, treading water, underwater swimming, and beginning breaststroke. Skills learned in Level 1 will be improved in Level 2.

Level 3: Intermediate- Stroke Development - max 5 participants

This class is for stronger swimmers. Proper techniques will be learned for front crawl, back crawl, breaststroke and beginning butterfly. The following skills will be introduced and developed: intermediate breaststroke, surface dives, dolphin kick, butterfly stroke, treading water, and diving.

Level 4: Advanced- Stroke Improvement - max 5 participants

In this class, swimmers will work on building endurance and refining their strokes: front crawl, backstroke, breaststroke, and butterfly. Swimmers will learn and work on wall starts, block starts, and flip turns.

Cost: \$70

Cost: \$70



Adult Stroke Improvement Classes (every Wednesday) Wednesday, May 24 – August 30, 2023

Join certified swim instructors/coaches in a fun, friendly, group environment. Classes are designed to improve the four competitive strokes as well as get participants trained for that triathlon they signed up for this summer!

Times: 5:30 - 6:30pm Cost: \$15 per session

Register by phone on (760) 965-3690 or in person at the Whitmore Pool.

PRIVATE LESSONS:

Designed for both adults and children who prefer individual instruction in learning how to swim or improve their strokes.

Dates: August 5 – 23, 2024 (Monday-Friday) Times: 10:15am – 10:45am / 11am – 11:30am

Cost: \$50 per 30mins (limited to 3 students per lesson)

Available at other times, subject to demand and instructor availability. Register by phone on (760) 965-3692 or in person at the Whitmore Pool.

Inclement Weather Policy:

Please note that pools close due to inclement weather conditions. However, not all swim lesson classes are cancelled. We ask that students show up for their regularly scheduled class, unless instructed to do otherwise. Instructors can conduct "Water Safety" lessons in a classroom situation. Should this occur more than once during a session/program, the class may be rescheduled.

Cancellation/Rescheduling Policy: All swim lessons are filled on a first-come, first-served basis. Swim lessons are closed when maximum enrollment is met. The Parks and Recreation Department reserves the right to cancel or postpone any activity due to inclement weather or low enrollment. A full refund will be made if the Parks and Recreation Department cancels an activity. A \$40 service fee will be imposed for all returned checks and could result in refusal of future participation. All participant cancellations received more than 14 days prior to the start of the activity will receive a refund, less a 10% processing fee. Participant cancellations received less than 14 days prior to the start of the swim lessons are not refundable. Please allow 1-2 weeks processing time for any refunds. The Whitmore Pool *does not* provide make-up classes in the event a participant misses a scheduled lesson.

MAMMOTH LAKES SWIM TEAM

The goal of Mammoth Lakes Swim Team (MLST), the Mammoth Sharks, is to instill and develop a passion for swimming in each child. Their team is a seasonal competitive swim program offering high-quality, high-energy coaching. Every athlete is provided with an opportunity to improve swimming skills and achieve success at his or her own level of ability, from novice to serious competitor. The club has a 501(c)(3) non-profit status and relies on team dues, donations, fundraisers, and volunteers.

Website: https://www.teamunify.com/Home.jsp? tabid =0&team=pcmlst

All registered swimmers of MLST may purchase a discounted Season Swim Pass for \$45. The pass will provide swim team members with use during specified practice days and times, as well as during Lap Swim and Public Swim times. MLST will also be charged a rental fee of \$37.50 per hour for all practices, meets, competitions, and camps.



Practice Schedule (Subject to Change):

May 6 – June 16, 2024

Mondays/Wednesdays: 3:45 – 5:30pm Tuesdays/Thursdays: 3:45 – 6:00pm

June 17 – Mid-August, 2024 Mondays: 9:30am – 12:00pm

Tuesday - Fridays: 8:30am – 10:00am Tuesdays & Thursdays: 4:30 – 6:30pm

HIGH SIERRA TRIATHLON CLUB

The High Sierra Triathlon Club, located in California's Eastern Sierra, trains in Mammoth Lakes, June Lake and Bishop, CA. The club was formed as a non-profit 501(c)(3) organization in March 2005 and is recognized by USA Triathlon (USAT) as an official USAT club. The club mission is to encourage people of all ages and levels to try the sport, provide continuing support to those already established in triathlon, offer structured workouts for all members, provide opportunities meeting training partners, and create a fun, social atmosphere where everyone, regardless of ability, feels welcome.

Website: http://highsierratri.org/

Practice Schedule:

June 10 – August 26, 2024 Mondays: 8:30 – 9:30am

AQUATIC PROGRAMS

RECREATIONAL WATER POLO DROP-IN SESSIONS:

Whitmore Pool will offer Recreational Water Polo Drop-In Sessions on Tuesday and Thursday evenings from 6:30-7:30pm. Drop-In Sessions will consist of a modified water polo game and, if interest levels dictate, a recreational league may be developed.

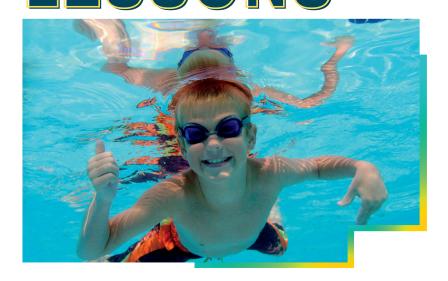
Dates: June 13 – June 29, 2023

Times: Tuesdays & Thursdays, 6:30-7:30pm

Cost: \$12 per session

Register by phone at (760) 965-3692 or in person at the Whitmore Pool.

Whitmore Pool SWIM LESSONS





\$70/child Registration opens April 8th, 9AM

Classes begin in June

Register.MammothParksAndRec.com
*** No Lessons July 1-6 ***

Parent & Child

JUNE 8 - AUG 3 | SAT | 11:30AM

JUNE 17 - JULY 17 | MON & WED | 4PM

JUNE 18 - JULY 18 | TUES & THURS | 11:30AM

JUNE 19 - JULY 19 | WED & FRI | 10:45AM

JUNE 19 - JULY 19 | WED & FRI | 11:30AM

JULY 22 - AUG 2 | TUES-FRI | 11:30AM

Level 1

JUNE 8 - AUG 3 | SAT | 10:45AM

JUNE 17 - JULY 17 | MON & WED | 4PM

JUNE 18 - JULY 18 | TUES & THURS | 10:45AM

JUNE 19 - JULY 19 | WED & FRI | 10:00AM

JULY 22 - AUG 2 | TUES-FRI | 10:45AM

Level 3

JUNE 8 - AUG 3 | SAT | 10:00AM

JUNE 17 - JULY 17 | MON & WED | 4:45PM

JUNE 18 - JULY 18 | TUES & THURS | 10:00AM

JULY 22 - AUG 2 | TUES-FRI | 10:00AM

Tiny Tots

JUNE 8 - AUG 3 | SAT | 11:30AM

JUNE 17 - JULY 17 | MON & WED | 4PM

JUNE 18 - JULY 18 | TUES & THURS | 11:30AM

JUNE 19 - JULY 19 | WED & FRI | 10:45AM

JUNE 19 - JULY 19 | WED & FRI | 11:30AM

JULY 22 - AUG 2 | TUES-FRI | 11:30AM

Level 2

JUNE 8 - AUG 3 | SAT | 10:45AM

JUNE 17 - JULY 17 | MON & WED | 4:45PM

JUNE 18 - JULY 18 | TUES & THURS | 10:45AM

JUNE 19 - JULY 19 | WED & FRI | 10:00AM

JULY 22 - AUG 2 | TUES-FRI | 10:45AM

Level 4

JUNE 8 - AUG 3 | SAT | 10:00AM

JUNE 17 - JULY 17 | MON & WED | 4:45PM

JUNE 18 - JULY 18 TUES & THURS | 10:00AM

JULY 22 - AUG 2 | TUES-FRI | 10:0AM

Town of Mammoth Lakes * Parks & Recreation

This material was not prepared by the Mammoth Unified School District. Any programs and/or events described herein are not necessarily endorsed and will not be supervised by the Mammoth Unified School District.



Whitmore Piscina LECCIONES







\$70/niño

La inscripción se abre el 8 de abril a las 9 a.m.

Las clases comienzan en junio.

Register.MammothParksAndRec.com
*** No hay clases del 1 al 6 de julio ***

Madre e hija

JUN 8 - AGOSTO 3 | SÁB. | 11:30AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4PM

JUN 18 - JUL 18 | MART. Y JUEV. | 11:30AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 10:45AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 11:30AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 11:30AM

Nivel 1

JUN 8 - AGOSTO 3 | SÁB. | 10:45AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4PM

JUN 18 - JUL 18 | MART. Y JUEV. | 10:45AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 10:00AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 10:45AM

Nivel 3

JUN 8 - AGOSTO 3 | SÁB. | 10:00AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4:45PM

JUN 18 - JUL 18 MART. Y JUEV. | 10:00AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 10:00AM

Niñitos

JUN 8 - AGOSTO 3 | SÁB. | 11:30AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4PM

JUN 18 - JUL 18 | MART. Y JUEV. | 11:30AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 10:45AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 11:30AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 11:30AM

Nivel 2

JUN 8 - AGOSTO 3 | SÁB. | 10:45AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4:45PM

JUN 18 - JUL 18 MART. Y JUEV. | 10:45AM

JUN 19 - JUL 19 | MIÉRC. Y VIER. | 10:00AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 10:45AM

Nivel 4

JUN 8 - AGOSTO 3 | SÁB. | 10:00AM

JUN 17 - JUL 17 | LUN. Y MIÉRC. | 4:45PM

JUN 18 - JUL 18 MART. Y JUEV. | 10:00AM

JUL 22 - AGOSTO 2 | MART. - VIER. | 10:0AM

Town of Mammoth Lakes 🖈 Parks & Recreation

Este material no fue preparado por Mammoth Unified School District. Todos los programas y/o eventos descritos en este document no son aprobados y no seran supervisados por Mammoth Unified School District.



Whitmore Pool

SWIM LESSON GUIDE



PARENT & CHILD: 6 months - 2 years old

Parents and children will participate in guided practice sessions to learn elementary skills including water entry, bubble blowing, front kicking, and more! One parent per child per class.



TINY TOTS: 3 - 4 years old

Ready to swim without your parent? This class is for you! Students must be able to follow directions and be comfortable in water without parents.



LEVEL 1: 5+ years old

Want to learn how to swim but too old for Tiny Tots? This is your class! Join our entry level beginner class where we will develop comfort in the water while focusing on safety.



LEVEL 2: 5+ years old

If you have completed Tiny Tots or Level 1, it's time for level 2! Students must be able to enter/exit the water, fully submerge, show controlled breathing, front/back float, change direction, and swim 5 feet on front and back



LEVEL 3: 5+ years old

Let's build on your skills! Students must be able to enter/exit the water by stepping/jumping, submerge entirely, blow bubbles, open eyes underwater, front/back glide, swim 15 feet on front, swim 10 feet on back, swim on side, and know how to use a life jacket.



LEVEL 4: 5+ years old

Develop confidence and improve endurance! Students must be able to jump into deep water, enter water head-first from sitting/kneeling, retrieve deep water objects, survival float for 30 seconds, tread water for 30 seconds, front/back crawl, butterfly, and dive.